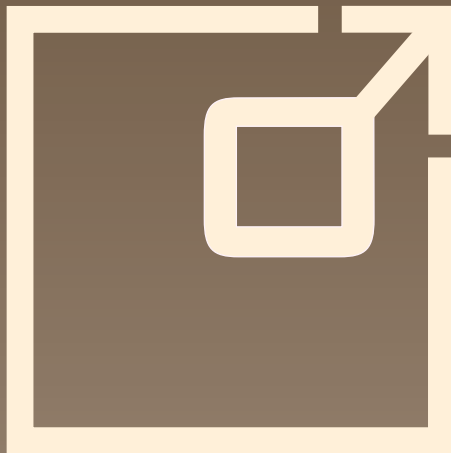


DE    **Gebrauchsanweisung**

GB/US    **Instructions for use**

FR    **Mode d'emploi**



ES    **Instrucciones de uso**

IT    **Istruzioni per l'uso**

PT/BR    **Manual de instruções**

**PHALLO♂SAN®**

## Dear Customer,

Congratulations on purchasing PHALLOSAN®! This product has already been successfully employed for a wide range of indications such as penis enlargement, penis curvature, erectile dysfunction, prostate follow-up treatment and/or induratio penis plastica (IPP).



### Package contents:

1. Foam-rubber covered silicone ring, to be pulled over the penis
2. Buckle for individual adjustment of the belt (3)
3. Elastic belt, to be strapped around the body
4. Nickel-free clip for securing the suction bell
5. Suction bells in three sizes with sleeve condoms (S, M, L)
6. Protector cap, to protect the glans against strong tension settings
7. Pump ball for creating a micro-vacuum
8. Measuring template
9. DVD with product description
10. Instructions for use

### Preparation:

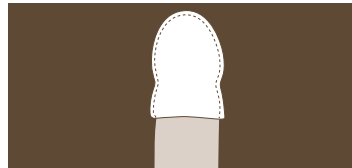
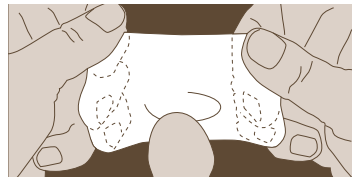
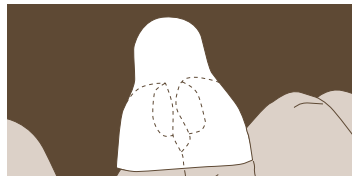
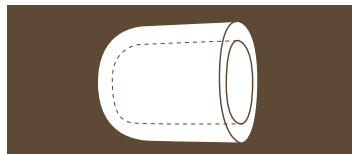
Lay out the components of the orthopaedic PHALLOSAN® belt in front of you; use the buckle (2) to adjust the belt to its greatest length and open the metal clip.

### Please follow these instructions carefully!



1. First of all determine the correct condom size using the enclosed template. Measure the penis shaft and the glans of the flaccid penis.

2. Insert the protector cap over the penis as shown in the pictures. It is a matter of personal comfort whether you leave the foreskin over the glans or draw it back. It is important that after fitting the cap as little air as possible remains at the tip of the glans. It is advantageous to slip the protector cap over the penis when the latter is in a slightly erect state. The protector cap should protect your penis from the effects of possible excess tension.



After the protector cap has been fitted over the glans, select the bell condom that is the optimum size for you and remove it from its sealed package.

First of all we would like to draw your attention to the new condom. The third generation of sleeve condoms consists of medical silicone, thus ruling out the risk of irritation or allergic reactions. This innovation not only offers you improved comfort – it provides a snug fit around the penis.

You can now adjust it to your individual size for optimized efficiency. For example, if you feel that the M bell is the right size, but the condom is too large for the penis shaft, you can remove the S sleeve condom of the S bell and place it on the M bell.

The same can be done with the L bell and M sleeve condom. Please do not throw away a sleeve condom that is too large, as you will need it again in a few weeks!

Never pull the S sleeve condom over the L bell. This may cause the material to rupture. Please understand that suction bell condoms that are too small or too large cannot be exchanged or refunded.

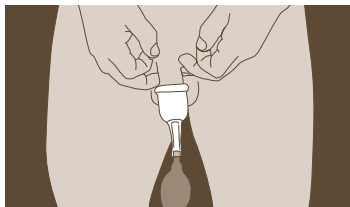
**Top: Wrong, pulled too far over the bell and not powdered**



**Bottom: Right, and powdered.**

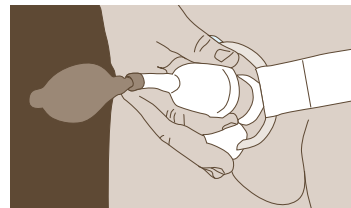
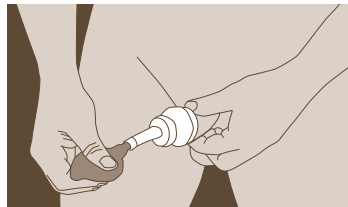
Please note that the condoms lose their coating after a few days. We recommend purchasing baby powder at a pharmacy or drugstore and applying it to the outer surface of the condom. This coating will protect the condom from friction and adhesion.

Roll the sleeve condom to the edge of the bell and pull it behind the bead of the suction bell. The opening of the suction bell is now free. Connect the suction ball to the suction bell and insert it slightly into the tube end of the suction bell.



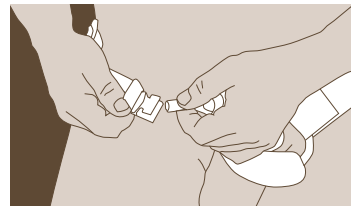
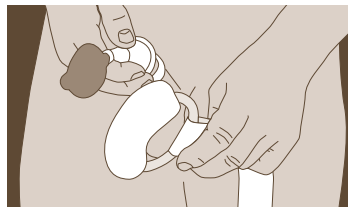
The glans must now be inserted into the centre of the bell. It may help to moisten the protector cap with saliva to enable it to slip more easily into the suction bell.

1. The sleeve condom can now be rolled over the entire penis shaft.

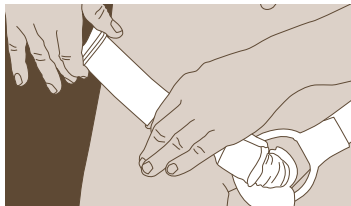


3. Take up the belt previously laid out before you and pull the foam rubber ring over the suction ball and suction bell condom until it sits against the root of the penis. Now pull the end of the belt with the clip around your waist to the back until the clip is again pointing towards the penis.

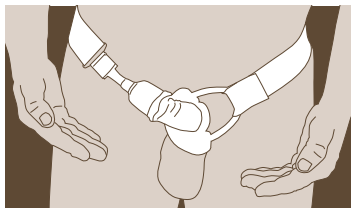
2. Now press the suction ball. You will notice that it only needs to be pressed a few times and will remain dented. Having created the desired micro-vacuum, the glans will be drawn further into the bell.



4. Firmly press the tube end between the suction bell and the suction ball with the thumb and index finger to prevent air from entering. Remove the suction ball and connect the suction bell to the clip of the belt. Ensure that the tube end of the suction bell is secured in the middle of the clip.



5. Shorten the stretch belt, making sure that the belt slants upwards in the groin area. To do this, pull the belt upwards around the buttocks towards the waist. If it slips into the fold of the buttocks, i.e. parallel to the penis, the tension will be further increased when sitting, which may be unpleasant.



We would like to point out a special technical feature in the application of the suction bell. Put simply, it is a suction bell with a seal. It is therefore not important how far the sleeve condom reaches over the penis shaft. The sleeve condom is not designed to transfer the force to the penis. It is transferred only by the mini-vacuum formed in the bell. The sealing condom is merely a seal between suction bell and penis shaft. Its purpose is not to absorb the force around the penis.

### Care of the suction bell condom

The sleeve condom can and should be detached from the bell. For hygienic reasons it should be washed every day in lukewarm soapy water. Remove the green sponge and wash this separately. Keep the sealing condom rolled up until you need it again.

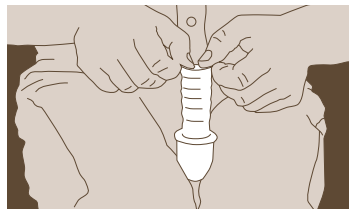
When it is attached to the bell, pay careful attention that the bead of the bell sits in the groove of the sealing condom at the thick end of the sealing condom. It is 0.0118 inches thick at this point. Insert your index finger to feel the thick part of the sealing condom and the groove. Never pull the sealing condom too far over the bead of the bell, as the 0.3 mm thin sealing condom otherwise lies against the bead and may tear.



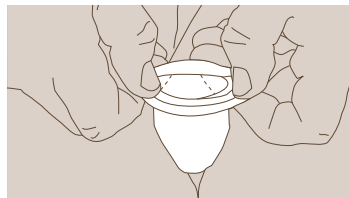
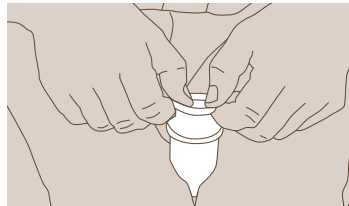
Sleeve condom Notch suction bell

Never forget to apply powder to the outside of the dry sleeve condom when rolled out after washing. Use baby powder from your drug-store, as it contains fatty aniline.

Roll the sleeve condom back behind the bead on the bell as shown here:



Apply baby powder to the outside of the rolled out sleeve condom and grip the tube-like end between your knees. You now have both hands free.



Roll it carefully behind the bead of the suction bell. Take care not to damage the sleeve condom with sharp finger nails or similar.

Step-by-step plan for precise adjustment of the tension of the belt to the connective tissue of the penis.

**Preamble:** The body's connective tissue depends on hereditary disposition and thus varies widely. Recommending a uniform tension setting in terms of grams/kilograms would be irresponsible from a medical point of view. We have therefore developed a step-by-step plan to enable you to adjust the belt tension precisely to your type of connective tissue. You will achieve optimum results for penis enlargement in length and width without any negative side-effects.

**1st day:** Do not set the belt too tight (rely on your subjective perception) and wear it for no more than one hour before opening it and detaching the sleeve condom. Examine the point on the penis between the opening of the urethra and the frenulum on the underside of the glans. This is the most sensitive tissue on the penis! If it is reddened or swollen, the belt tension was too tight. Suspend the application for today. If there is no discolouring, mark the belt on the sliding buckle. That completes the application for today.

**2nd day:** Patients who suffered reddening the previous day: If the point in question was reddened or swollen, wear the belt for an hour with reduced tension. Then examine the point on the penis between the opening of the urethra and the frenulum on the underside of the glans. If reddening or swelling can be seen at this

point, the tension of the belt was again too tight. Suspend the application for today. Patients without reddening or swelling from the previous day: extend the period of wear to two hours and then examine the described point once again. Provided there is still no reddening or swelling, the application can be extended the next day by a further hour.

### **3rd day and following days up to the 8th day:**

Patients whose penis exhibited reddening or swelling from the first day: If you were able to wear the belt on the second day without further reddening or swelling at the described point, wear the belt for three hours on the third day.

Should reddening or swelling occur after 3 hours, reduce the tension and repeat the wearing time next day. If you observed no reddening or swelling, extend the wearing time by one hour each day. In the event of reddening or swelling between urethra and the frenulum on the underside of the glans in the next few days reduce the tension of the belt, mark this point on the belt with a pen and wear it the next day with reduced tension the belt. Please ensure that the green foam rubber disc presses against the glans. Observe this step-by-step plan and you will wear PHALLOSAN® with enthusiasm. Your penis will become measurably longer and thicker in only a few months.

You will experience only positive side-effects such as a stronger sex drive and pleasure, but without premature ejaculation. Reason: the

blood circulation in the penis is greatly enhanced during the application with PHALLOSAN®. This has a positive effect on the entire tissue and the nerve ends. The entire PHALLOSAN® team wishes you the best of success!

**Length of application:** PHALLOSAN® should be worn 8–10 hours per day, even longer if possible! Please do not forget to take a break of approx. 5 minutes every 3 to 4 hours. Detach the suction bell and massage the penis for approx. 1 minute. After about 8 days this is no longer necessary. The longer the daily use, the faster the success! Many users wear PHALLOSAN® up to 12 hours per day and experience the corresponding success.

After the 8-day adjustment phase PHALLOSAN® can also be worn at night. By this time you will have calibrated the belt accordingly. The sleeve condom will stretch to accommodate a night-time erection and blood circulation will not be impeded.

### **Side-effects, precautions**

PHALLOSAN® is used at your own risk, but does not incur any form of risk provided it is used according to the instructions. Particularly in the first weeks of application, excess tension on the penis should be avoided. Allow the body tissue to become accustomed to PHALLOSAN® and set the belt (3) at first to only a slight tension. Every hour or so, check your penis for reddening (a sign of circulatory disturbance) and swelling.

Should discolouration, pain or swelling nevertheless occur, particularly in the region of the urethra, open the belt (3) immediately and examine the penis for circulatory disturbance and swelling.

If swelling and/or blisters occur on the foreskin or glans, the belt (3) is set too tight. Take a break until the swelling or blisters have disappeared. Then set the tension somewhat slack-er. Please be patient, the success of the penis enlargement process is comparable to that of a jaw alignment. The continuity of elongation, not alone the amount of tension, is a guarantee of success!

### **Do not wear PHALLOSAN® in the following circumstances:**

After alcohol consumption, taking drugs or painkilling medication, sleeping pills and tranquillizers, because your natural perception of pain may be compromised. Avoid using PHALLOSAN® in the event of infections or open wounds on the penis.

### **How do I measure the exact increase in the length of my penis?**

Please use a foot rule. Hold the penis in a flaccid state away from the body (90 degrees) and align the rule with the penis. Press the end of the rule against the pubic bone to measure the full length of the penis. Follow the same procedure if you wish to measure your penis in an erect state.

**Important:** At the start of the application you should measure your exact body weight without clothing. When a person gains weight, a layer of fat forms – in particular – around the pubic area. This layer of fat reduces the distance between the penis tip and the pubic bone, thus falsifying (shortening) the result. Physicians call this an abdominal apron.

**Re-ordering:** All parts of PHALLOSAN® can be re-ordered individually. If you have any further questions or suggestions, feel free to contact our experts at any time free of charge. Calls incur only the normal phone charges.

We reserve the right to make technical modifications, which will also be announced in the Internet at [www.phallosan.at](http://www.phallosan.at), [www.phallosan.de](http://www.phallosan.de) and [www.phallosan-info.ch](http://www.phallosan-info.ch).

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Malta, 03.2012